

Routledge

# Nursing and Midwifery

New Titles and Key Backlist



2009

# Welcome to the Routledge Nursing and Midwifery Catalogue New Titles & Key Backlist 2009



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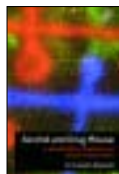
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Textbooks marked 'Available as an Inspection Copy' can be sent to lecturers considering adopting them for relevant courses. See the order form at the centre of this catalogue for more information.

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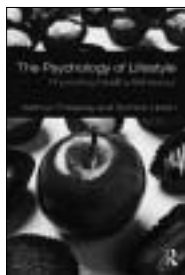
## TEXTBOOK

## The Psychology of Lifestyle



Promoting Healthy Behaviour

**Kathryn Thirlaway**, University of Wales Institute, UK  
and **Dominic Upton**, University of Worcester, UK



**'In superbly eloquent fashion Kathryn Thirlaway and Dominic Upton provide a comprehensive overview of how Psychology contributes massively to the understanding of relationships between lifestyle and health; and, by emphasising psychosocial and policy contexts, they have given us an important and innovative addition to the literature.'**

– Professor Antony J. Chapman has served as President of the British

Psychological Society and is an Honorary Fellow of that Society and an Academician in the Academy of Social Sciences

Improving lifestyles is thought to be one of the most effective means of reducing mortality and morbidity in the developed world. However, despite decades of health promotion, there has been no significant difference to lifestyles and instead there are rising levels of inactivity and obesity.

*The Psychology of Lifestyle* addresses the role psychology can play in reversing the trend of deleterious lifestyle choices. It considers the common characteristics of lifestyle behaviours and reflects on how we can inform and improve interventions to promote healthy lifestyles. Health promotion has taught people what a healthy lifestyle is - now we need to enable people to live that life. The chapters cover key lifestyle behaviours that impact on health – smoking, eating, physical activity, drinking, sex and drug use – as well as combinations of behaviours. Each chapter contains interventions that have been developed to influence and promote lifestyle change among patients and clients.

This unique book will enable readers to develop a clear theoretical and practical grasp of the psychological principles involved in all aspects of lifestyle change. It is an invaluable resource for students and professionals committed to health promotion within all health-related disciplines.

**Selected Contents:** Preface 1. Conceptualising Lifestyle Psychology 2. Theories of Change 3. Smoking 4. Eating 5. Physical Activity 6. Drinking 7. Sex 8. Illicit Drug Use 9. Evaluating Lifestyle Psychology 10. Strategies for the 21st century

2008: 234 x 156: 336pp  
Hb: 978-0-415-41661-0: **£70.00**  
Pb: 978-0-415-41662-7: **£19.99**

## NEW

## Health Promotion for Nurses



Theory and Practice

**Stewart Piper**, Anglia Ruskin University, UK



**'This book comes highly commended as a valuable resource for promoting and guiding 'real' health promotion for nurses and nursing.'** – Dr Dean Whitehead, Massey University, New Zealand

This textbook explores how and why health promotion works in nursing, developing a new framework for understanding the nurse's role and promoting evidence-based practice.

Drawing on empirical research and discussing existing theories of health promotion and of nursing, Stewart Piper identifies three principal approaches:

- the nurse as behaviour change agent
- the nurse as strategic practitioner
- the nurse as empowerment facilitator.

The book describes the aims, processes, impact and outcomes of health promotion interventions in nursing for each of these models and identifies criteria for evaluating the associated nursing interventions – enabling clinical judgements about effective practice.

Evidence-based examples demonstrate the relationship between health promotion theory and pragmatic applications for nursing throughout. Each chapter includes an introduction, learning outcomes and exercises, making this an essential book for all nursing students studying health promotion.

January 2009: 234 x 156: 256pp  
Hb: 978-0-415-46262-4: **£70.00**  
Pb: 978-0-415-46263-1: **£21.99**

## Full Table of Contents

For full table of contents on all titles featured in this catalogue, visit:

[www.routledgenursing.com](http://www.routledgenursing.com)

**NEW**

TEXTBOOK

## Managing Long-term Conditions and Chronic Illness in Primary Care

A Guide to Good Practice

Judith Carrier, Cardiff University, UK



This book draws together the key issues in managing long-term conditions and provides a practical and accessible guide for nurses and allied health professionals in the primary care environment. It covers background context and policy in the UK and further afield, as well as practical guidance for all key aspects of long-term condition management, including:

- the physical and psychosocial impact of long-term conditions
- effective case management
- self-management and the expert patient
- behavioural change strategies and motivational counselling
- nutritional and medication management.

Packed with helpful, clearly written information, *Managing Long-term Conditions and Chronic Illness in Primary Care* includes two chapters of case studies as well as key fact boxes and pointers for practice throughout. It is suitable for pre-registration students undertaking community placements and post-registration students studying long-term condition/chronic disease management.

**Selected Contents:** 1. Social and Political Background 2. Physical, Psychological and Psychosocial Impact of Living with a LTC and Social Influences on Health 3. Case Management and Disease-Specific Care Management 4. Importance of Self-Management 5. Motivational Interviewing *Dr Claire Lane* 6. How to Identify a Person with a Long-Term Condition 7. Effective Management of People with a Long-Term Condition 8. Evidence-Based Practice 9. Case Scenarios 10. Nutritional and Medication Management

February 2009: 246 x 174: 224pp

Hb: 978-0-415-45087-4: **£70.00**Pb: 978-0-415-45088-1: **£21.99**

eBook: 978-0-203-88131-6

**FORTHCOMING**

## Developing Holistic Care for Long-term Conditions

Edited by **Carl Margerison** and **Steve Trenoweth**, both at Thames Valley University, UK



This book focuses on how to help people with long-term health conditions cope more effectively. It brings together physical and mental health, offering a holistic approach.

Comprising four sections, this text introduces the policy and background to caring for people with chronic illness, explores essential skills for practice and discusses general interventions – such as nutrition and exercise – that care for the whole

person, mind and body. The extensive final section, which incorporates service user contributions, focuses on specific disorders including:

- long term neurological conditions
- diabetes
- mental health
- cancer
- coronary heart disease.

This evidence-based book takes note of the relevant National Service Frameworks and offers an informative and pragmatic guide.

September 2009: 246 x 174: 368pp

Hb: 978-0-415-46080-4: **£80.00**Pb: 978-0-415-46081-1: **£25.99**

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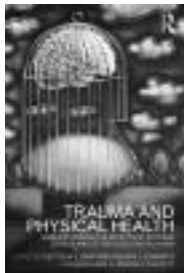
# eBooks

[www.informaworld.com/ebooks](http://www.informaworld.com/ebooks)

**NEW****Trauma and Physical Health**

Understanding the Effects of Extreme Stress and of Psychological Harm

Edited by **Victoria L. Banyard**, University of New Hampshire, USA, **Valerie J. Edwards**, Centers for Disease Control and Prevention, USA and **Kathleen A. Kendall-Tackett**, Texas Tech University, USA



**'This important and well-documented book describes the significant role that child abuse and later trauma play in adult health and well-being.'**

– Vincent J. Felitti, MD, Clinical Professor of Medicine, University of California, USA

*Trauma and Physical Health* describes both the negative physical health effects of victimization in childhood as well as exploring theoretical models that explains these links. By

bringing together new and current studies on the relationship between trauma and physical health, this edited collection assesses the clinical implications of these links. At a time when the mental health field is becoming increasingly cognizant of the value of collaboration with professionals in the physical health arena, this book suggests ways in which clinicians can work with primary care professionals to better meet the needs of trauma survivors across the lifespan. A key focus of the text is to clarify the relationship between the current knowledge base in trauma and physical health and directions for future research in primary care health settings.

With contributors from a wide range of clinical and psychological disciplines, it will be of interest to researchers, clinicians and professionals in the trauma field and to primary care professionals concerned with compassionate care for the traumatized.

2008: 234 x 156: 272pp  
Hb: 978-0-415-48078-9: **£70.00**  
Pb: 978-0-415-48079-6: **£19.99**  
eBook: 978-0-203-88501-7

**Domestic Violence**

A Handbook for Health Care Professionals

**Lyn Shipway**

Taking an evidence-based approach to practical problems, this book will be a welcome resource for nurses, doctors and other health practitioners who deal with the consequences of domestic violence in their daily work.

2004: 246 x 174: 248pp  
Hb: 978-0-415-28206-2: **£85.00**  
Pb: 978-0-415-28220-8: **£24.99**  
eBook: 978-0-203-48709-9

**FORTHCOMING****Violence and Abuse Issues**

Cross-cultural Perspectives for Health and Social Service

**Lee Ann Hoff**, Life Crisis Institute, USA



Health and social service providers are in pivotal positions to provide preventive and restorative services to those affected by violent and abusive behaviour. This comprehensive textbook presents theoretical background and practical strategies for doing so, providing a solid knowledge base for good practice in this area. It emphasizes the interdisciplinary aspects of violence and victim/survivor care and addresses

violence over the life span, covering:

- child sexual and physical abuse
- sexual assault of adults
- battering and emotional abuse of intimate partners
- elder abuse
- perpetrators of violence and abuse
- violence in learning and work environments
- vicarious trauma and self-care
- interconnections between various forms of violence, including socially approved violence in the media and in war.

This text is an essential resource for qualified practitioners learning more about this area and for students starting out in health and social care. Each chapter includes case studies and thinking points, and suggestions for application in practice settings. A companion website provides materials for students and educators, enabling the inclusion of violence issues in an already busy curriculum.

June 2009: 246 x 174: 288pp  
Hb: 978-0-415-46571-7: **£70.00**  
Pb: 978-0-415-46572-4: **£21.99**  
eBook: 978-0-203-87562-9

**FORTHCOMING****Becoming a Midwife**

Edited by **Rosemary Mander**, University of Edinburgh, UK and **Valerie Fleming**, Global Network of WHO Collaborating Centres for Nursing and Midwifery Development

What is the reality of being a midwife at the beginning of the twenty-first century? What is it like to help and support women throughout pregnancy and childbirth and what roles can midwives play within and outside hospitals?

*Becoming a Midwife* explores what it is to be a midwife, looking at the factors which make midwifery such a special profession, as well as some of the challenges. The chapters cover a variety of settings and several different stages in a woman's pregnancy. Each one is narrated by a midwife who introduces their own theme and recounts a vignette which throws light on their understanding of midwifery and their reasons for becoming a midwife. Drawing together these insights, the editors are able to show what it means to be a midwife today.

Suitable for those contemplating a career in midwifery and providing an opportunity for reflection for more experienced midwives, this thought-provoking book is an invaluable contribution to midwifery.

**Selected Contents:** Introduction **Part 1: The Midwife and the Institution**

1. Midwifery Care in the Community during the Woman's Pregnancy 2. Midwifery Care while the Woman is in Labour in an Institution 3. Midwifery Care of the Mother and Baby at Home 4. Midwives and Perinatal Mental Health

**Part 2: The Midwife and the Wider Environment** 5. The Midwife Manager 6. The Midwife who is in Education 7. The Supervisor of Midwives 8. The Academic Midwife 9. The Midwife as a Researcher 10. The Midwife Historian 11. The Global Midwife 12. The Independent Midwife 13. A Male Midwife's Perspective 14. The Midwife who is not a Mother 15. The Midwife who is an Author 16. The Ex-midwife Conclusion

July 2009: 216 x 138: 240pp  
Hb: 978-0-415-46437-6: **£65.00**  
Pb: 978-0-415-46438-3: **£16.99**

**FORTHCOMING IN 2010****2ND EDITION****Examination of the Newborn**

A Practical Guide

**Helen Baston**, University of York, UK and **Heather Durward**, University of Leeds, UK and Royal Hospital Chesterfield, UK

Newborn babies are examined within the first twenty-four to forty eight hours after their birth to rule out major congenital abnormalities and reassure the parents that their baby is healthy. Suitably qualified midwives are able to undertake this examination and this practical text is a step-by-step guide for those midwives studying on Examination of the Newborn modules as well as an invaluable reference work for midwives already qualified. It provides midwives and other practitioners concerned with neonatal examination with a comprehensive guide to the holistic examination of the newborn infant.

*Examination of the Newborn* encourages the reader to view each mother and baby as unique, taking into account their experiences preconceptionally, antenatally and through childbirth. The text covers:

- normal fetal development
- parents concerns and how to respond to them
- the impact of antenatal diagnostic screening
- the events of labour and delivery
- the clinical examination of the neonate
- the identification and management of congenital abnormalities
- accountability and legal issues.

This new edition is thoroughly revised throughout to meet current NMC standards. It includes a new chapter on the context and effectiveness of the examination and increased coverage of the results of intrapartum management on the newborn, including fetal monitoring, place of birth, mode of birth and pain relief. Case scenarios, model answers, questions and further reading help the reader to apply the content to their own practice.

**Selected Contents:** **Selected contents:** 1. Examination of the Newborn: Where are we now? 2. In the Beginning: The Context of Parenthood 3. The Development of the Foetus: Assessment of Wellbeing 4. Intrapartum Events and Neonatal Consequences 5. The Neonatal Examination 6. Abnormal Findings and Congenital Abnormalities 7. Accountability and Effective Care

March 2010: 246 x 174: 256pp  
Hb: 978-0-415-55162-5: **£70.00**  
Pb: 978-0-415-55163-2: **£21.99**

**FORTHCOMING**

2ND EDITION

**Depression in New Mothers**

Causes, Consequences, and Treatment Alternatives

**Kathleen Kendall-Tackett**, Texas Tech University, USA

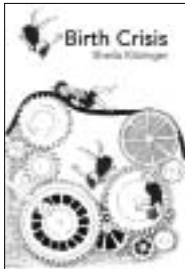
Depression is the number one cause of maternal death in developed countries and results in adverse health outcomes for both mother and child. It is vital, therefore, that health professionals are ready and able to help those women that suffer from perinatal and postpartum depression (PPD).

*Depression in New Mothers* provides a comprehensive approach to treating PPD in an easy-to-use format. It reviews the research and brings together the evidence-base for understanding the causes and for assessing the different treatment options, including those that are safe for use with breastfeeding mothers. It incorporates a new psychoneuroimmunology framework for understanding postpartum depression and includes chapters on:

- negative birth experiences
- infant characteristics
- psychosocial factors
- antidepressant medication
- therapies such as cognitive behavioural therapy
- herbal medicine and alternative therapies
- suicide and infanticide.

Invaluable in treating the mothers who come to you for help, this helpful guide dispels the myths that hinder effective treatment and presents up-to-date information on the impact of maternal depression on the health of the mother, as well as the health and well-being of the infant.

December 2009: 246 x 174: 272pp

Hb: 978-0-415-77838-1: **£70.00**Pb: 978-0-415-77839-8: **£21.99****Birth Crisis****Sheila Kitzinger**

*'Birth Crisis provides a thorough explanation of what constitutes a 'medicalized' birth experience and what the symptoms of PTSD are after giving birth ... Birth Crisis does an excellent job of bringing to light a very important issue in women's health.'* – Sara Martino, *Contemporary Psychology: APA Review of Books*

2006: 234 x 156: 160pp

Hb: 978-0-415-37265-7: **£75.00**Pb: 978-0-415-37266-4: **£16.99**

eBook: 978-0-203-96872-7

**TEXTBOOK****Evidence-based Care for Normal Labour and Birth**

A Guide for Midwives

**Denis Walsh**, University of Central Lancashire, UK

**'A well written and powerful book which is a must for midwives, mothers and the medical profession. Denis Walsh eloquently exposes the faults and failures in our current provision of maternity services and offers alternatives that challenge the orthodoxy of the biomedical model.'** – Professor Paul Lewis, Bournemouth University, UK

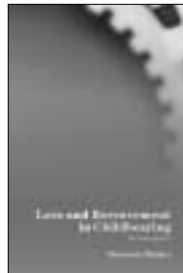
This book brings to light much of the evidence around what works best for normal birth which has, until now, remained largely hidden and ignored by maternity care professionals.

**Selected Contents:** 1. Evidence: the New Orthodoxy 2. Contextualising Current Childbirth Care 3. Birth Setting and Environment 4. Labour, Stages and Time 5. The Paradox of Labour Pain 6. New Directions in Complementary Therapies 7. Movement and Posture Updated 8. Second Stage: The Last Frontier of Medicalisation 9. Reclaiming Third Stage 10. The Power of the Pelvic Floor 11. Rehabilitating the Physiology of Childbirth: A Sacred Quest 12. From Evidence to Practice

2007: 246 x 174: 200pp

Hb: 978-0-415-41890-4: **£75.00**Pb: 978-0-415-41891-1: **£21.99**

eBook: 978-0-203-96171-1

**2ND EDITION****Loss and Bereavement in Childbearing****Rosemary Mander**

Written by an experienced midwife and researcher, this new edition of a groundbreaking work examines ways in which midwives can assist families to embark on a healthy grieving process, and reflects the important developments in research into loss and death.

2005: 234 x 156: 256pp

Hb: 978-0-415-35410-3: **£85.00**Pb: 978-0-415-35411-0: **£24.99**

eBook: 978-0-203-00085-4

**FORTHCOMING IN 2010**

TEXTBOOK

2ND EDITION

**Neonatal Intensive Care Nursing**

Edited by **Glenys Boxwell**, Plymouth Hospitals NHS Trust  
Praise for the 1st edition:

**'Essential reading a must have for neonatal units'**  
– *Paediatric Nursing*

Thoroughly revised and updated, this new edition of *Neonatal Intensive Care Nursing* is a comprehensive, evidence-based text for nurses and midwives caring for sick newborn babies. Written by and for nurses, it concentrates on the common problems occurring within the neonatal intensive care unit.

**Selected Contents:** 1. Professional Development  
2. Developmentally-focused Nursing Care 3. Resuscitation of the Newborn 4. Management of Thermal Stability 5. Management of Respiratory Disorders 6. Cardiovascular Management 7. Brain Injury in the Preterm Infant 8. Haematological Problems 9. Pain Management 10. Fluid and Electrolyte Balance 11. Nutritional Management 12. Neonatal Infection 13. Diagnostic and Therapeutic Procedures 14. Neonatal Anaesthesia 15. Surgical Aspects of Neonatal Intensive Care 16. Neonatal Transport 17. Family Support 18. Ethics 19. Medication in the Newborn 20. Death and Dying in the Neonatal Unit

January 2010: 246 x 174: 496pp

Hb: 978-0-415-47755-0: **£75.00**Pb: 978-0-415-47756-7: **£26.99****Reconstructing Motherhood and Disability in the Age of 'Perfect' Babies**

**Gail Landsman**, University at Albany, SUNY, USA

2008: 229 x 152: 288pp

Hb: 978-0-415-91788-9: **£60.00**Pb: 978-0-415-91789-6: **£18.00**

eBook: 978-0-203-89190-2

• AVAILABLE AS AN INSPECTION COPY



TEXTBOOK

2ND EDITION

**Introduction to the Anatomy and Physiology of Children**

A Guide for Students of Nursing, Child Care and Health

**Janet MacGregor**, Fatima Memorial Hospital, Pakistan



Fully updated, this new edition provides an introduction to normal, healthy physical development for all professionals who specialise in working with children. The author, an experienced nurse teacher, guides the reader through the key changes in body systems and functions from embryo to birth through childhood and adolescence.

Chapter one sets the scene for physical needs in child development, such as the need to be warm and safe. Chapters two to nine cover the body systems: skeletal; nervous; cardiovascular; respiratory; renal; digestive; reproductive; and immune. The embryology and physiological function at birth is explored in each chapter before the text moves on through the many changes over the next decade to puberty and the arrival at adult functioning. A new final chapter provides a holistic account of children's development, body and mind. Each chapter is illustrated with line drawings and tables, and ends with scenarios which illustrate how knowledge supports good practice in a real-life situation, and a quiz to consolidate learning.

**Selected Contents:** 1. A Child's Physical Needs 2. The Skeletal System 3. The Nervous System 4. The Cardiovascular System 5. The Respiratory System 6. The Renal System 7. The Digestive System 8. The Reproductive System 9. The Immune System 10. Body and Mind

2008: 246 x 174: 272pp

Hb: 978-0-415-44623-5: **£75.00**Pb: 978-0-415-44624-2: **£21.99**

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## TEXTBOOK

**Paediatric Neurosurgery for Nurses**

Evidence-Based Care for Children and their Families

**Joanna Smith**, University of Leeds, UK and  
**Catherine Martin**, St James's Hospital, Leeds, UK

*Paediatric Neurosurgery for Nurses: Evidence-Based Care for Children and their Families* provides accessible and up-to-date information for nurses working in paediatric neurosurgery. Referring throughout to the evidence-base for care and interventions, this complex area is described and explained in a meaningful and easily understandable way.

The text includes chapters on the underpinning knowledge and principles for the care of children who need neurosurgery as well as the following common neurological problems:

- hydrocephalus
- traumatic brain injury
- craniosynostosis
- brain tumours
- surgical management of epilepsy in children
- cerebrovascular disorders
- neural tube defects.

The complexity of the nervous system and principles of care are presented logically with points to consider and essential care clearly highlighted, and, where available, evidence-based practice is presented. Complete with a range of pedagogical features, such as chapter overviews and summaries, diagrams, sample care plans, text boxes and a glossary.

This book is essential reading for pre-registration nursing students and newly qualified nurses but will also be of use to allied healthcare professionals working with children and young people requiring neurosurgery.

**Selected Contents:** 1. Overview of Anatomy and Physiology of the Central Nervous System 2. General Principles of Caring for the Child Requiring Surgery 3. General Principles of Caring for the Child with a Neurological Impairment 4. Hydrocephalus 5. Traumatic Brain Injury 6. Craniosynostosis 7. Brain Tumours 8. Surgical Management of Epilepsy in Children 9. Cerebrovascular Disorders 10. Neural Tube Defects 11. Appendix 12. Terminology Relating to Surgical Procedures to Neurosurgery 13. Glossary

2008: 246 x 174: 288pp  
Hb: 978-0-415-44619-8: **£85.00**  
Pb: 978-0-415-44620-4: **£26.99**  
eBook: 978-0-203-89511-5

**NEW****Life After Cancer in Adolescence and Young Adulthood**

The Experience of Survivorship

**Anne Grinyer**, Lancaster University, UK

Focusing not only on the physical effects, but also the social, cognitive, emotional and physiological consequences of surviving cancer in young adulthood, Anne Grinyer draws directly upon data collected from young adults who have been treated for cancer. The book is structured around themes they raised such as fertility; life plans; identity; psychological effects and physical effects. These issues are drawn together in the final chapter and related to clinical and professional

practice as well as current policy.

This book presents the voices of those who have lived through the experience of cancer in young adulthood, and links them to the theoretical and analytical literature.

April 2009: 234 x 156: 224pp  
Hb: 978-0-415-47702-4: **£75.00**  
Pb: 978-0-415-47703-1: **£22.99**  
eBook: 978-0-203-87880-4

**NEW****Nursing Children and Young People with ADHD****Noreen Ryan**, Bolton Hospitals Trust, UK and  
**Tim McDougall**, Cheshire and Merseyside Child Health Development Programme, UK

*Nursing Children and Young People with ADHD* explores the evidence, incorporating and expanding on the new NICE guidelines for practice in this area, to provide an essential knowledge base for practice. The text covers: causes, diagnosis, co-morbidity, user and carer perspectives, assessment, treatment and interventions (including those suitable for use in schools), prescribing and the legal background.

2008: 234 x 156: 272pp  
Hb: 978-0-415-45410-0: **£80.00**  
Pb: 978-0-415-45411-7: **£25.99**  
eBook: 978-0-203-88423-2

## Defeating Autism

A Damaging Delusion

**Michael Fitzpatrick**, Barton House Health Centre, UK



**'With eloquent and persuasive writing, Fitzpatrick uncovers the political agendas that lie behind current fears of an autism crisis, and challenges the epidemic of unproven and expensive treatments. He shows us that our children are indeed being helped tremendously, not by unscientific autism treatments that falsely promise cure or recovery, but by educators, scientists, evidence-based therapies, and**

**new understandings of what it means to be human, and different, in the twenty first century. If my child were diagnosed with autism today, I would turn to Dr Michael Fitzpatrick for guidance.'** – Roy Richard Grinker, Professor of Anthropology at George Washington University, USA and author of *Unstrange Minds*

In *Defeating Autism*, Michael Fitzpatrick, a family doctor and father of a son with autism, questions the scientific basis of environmental explanations of autism and exposes the incoherence of unorthodox 'biomedical' theories and therapies. This book reveals that these therapies are far from pioneering interventions and they remain unsubstantiated by scientific authorities. This compelling book is essential reading for students and professionals working in the field of autism, as well as academics concerned with the public understanding of science and the treatment of scientific and medical controversies in the media.

2008: 234 x 156: 184pp  
Hb: 978-0-415-44980-9: **£75.00**  
Pb: 978-0-415-44981-6: **£19.99**  
eBook: 978-0-203-88839-1

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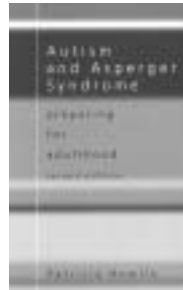
**TEXTBOOK**  
**2ND EDITION**



## Autism and Asperger Syndrome

Preparing for Adulthood

**Patricia Howlin**



**'This is necessary reading for child and adolescent psychiatrists, consultants in learning disability and adult psychiatrists too ... an invaluable reference resource.'**  
– *British Journal of Psychiatry*

**'An essential read for anyone working with, or interested in, autism ... written in an easy-to-read style that will suit professionals, relatives and carers alike. This, together with its practical orientation and its**

**relatively low purchase price, should make those nurses working with adults with autism think seriously about purchasing it.'** – *Mental Health Nursing*

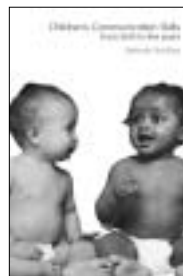
This new edition is helpful to both professionals and families with autistic children and has been completely updated to take account of the latest research in the field. It also includes an additional chapter on the differences between autism and Asperger Syndrome.

2004: 216 x 138: 400pp  
Hb: 978-0-415-30967-7: **£85.00**  
Pb: 978-0-415-30968-4: **£24.99**  
eBook: 978-0-203-42691-3

## Children's Communication Skills

From Birth to Five Years

**Belinda Buckley**



This book uses a clear format to set out the key stages of communication development in babies and young children.

2003: 234 x 156: 288pp  
Hb: 978-0-415-25993-4: **£90.00**  
Pb: 978-0-415-25994-1: **£22.99**

3RD EDITION**From Birth to Five Years**

Children's Developmental Progress

**Mary D. Sheridan, Ajay Sharma**, Wilfred Sheldon  
Children's Centre, St Giles Hospital, UK and  
**Helen Cockerill**, Guy's and St Thomas' NHS Foundation  
Trust, UK



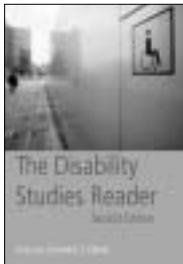
**'This updated edition of a classic text from pediatric specialists Sheridan (a researcher for 40-plus years) and the London-based Sharma (pediatrician), and Cockerill (speech and language therapist) is a valuable reference in child development...a practical work suitable for undergraduates interested in child developments, early childhood education, communication disorders, or medicine...Highly recommended.'** – *R.L. Wadham, Choice*

Features of this completely revised edition include:

- charts describing key stages in the development of motor, perception, communication, play, independence and social skills, updated in the light of recent research and supported by over 120 illustrations
- information on what we know about how children develop
- a new section on the development of attention and self-regulation
- guidelines for the assessment of children through observation and interaction
- advice on when to refer to specialist services.

2007: 246 x 174: 112pp  
Pb: 978-0-415-42365-6: **£9.99**

- **AVAILABLE AS AN INSPECTION COPY**

2ND EDITION**The Disability Studies Reader**Edited by **Lennard J. Davis**

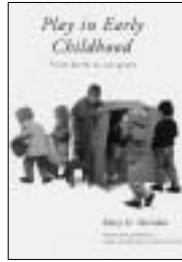
*The Disability Studies Reader* collects, for the first time, representative texts from the newly emerging field of disability studies. This volume represents a major advance in presenting the most important writings about disability with an emphasis on those writers working from a materialist and postmodernist perspective.

2006: 229 x 152: 472pp  
Hb: 978-0-415-95333-7: **£72.00**  
Pb: 978-0-415-95334-4: **£23.00**

2ND EDITION**Play in Early Childhood**

From Birth to Six Years

**Jackie Harding, Liz Meldon-Smith and Mary D. Sheridan**



Play and development are key topics for all who work with young children. Based on the pioneering work of Mary D. Sheridan, *Play in Early Childhood* is an introductory text which explains how children's play develops and how they develop as they play.

1999: 246 x 174: 64pp  
Pb: 978-0-415-18693-3: **£11.99**

- **AVAILABLE AS AN INSPECTION COPY**

3RD EDITION**The Child in Mind**

A Child Protection Handbook

**Judy Barker**, City and Hackney Primary Care Trust, UK and  
**Deborah Hodes**, Camden Primary Care Trust and  
University College London Hospital, UK



**'This is a clearly written book with an accessible approach, which should be available to all practitioners.'** – *Nursing Standard*

This handbook will help health service workers negotiate the complexities of child protection practice, with the aim of preventing abuse and neglect and protecting children from further harm once it has occurred.

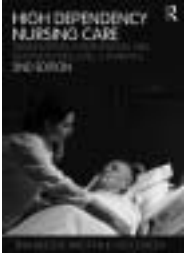
2007: 246 x 174: 128pp  
Hb: 978-0-415-42601-5: **£70.00**  
Pb: 978-0-415-42602-2: **£15.99**

Click [here](#) for more details, or to order inspection copies

**FORTHCOMING****TEXTBOOK****2ND EDITION****High Dependency Nursing Care**

Observation, Intervention and Support for Level 2 Patients

**Tina Moore**, Middlesex University, UK and  
**Philip Woodrow**, East Kent Hospitals NHS Trust, UK



Level 2 (Highly dependent) patients are nursed in a variety of clinical areas. *High Dependency Nursing Care* has been written for pre qualified and post qualified students undertaking modules and placements to prepare them for nursing the acutely ill and nurses caring for these patients. Written by a team of nurses experienced in providing, supporting and developing high dependency care, it discusses

practical issues and explores the current evidence base for clinical practice.

*High Dependency Nursing Care* is:

- comprehensive: it covers all the key areas of knowledge needed
- user-friendly: it includes learning outcomes, introductions, time out exercises, implications for practice, useful websites and up-to-date references
- clearly written: by a team of experienced nurses
- practically based: clinical scenarios provide stimulating discussion and revision topics.

**Selected Contents:** *Contexts for Care* 1. Comprehensive Critical Care 2. Patient-Centred Care 3. Ethics 4. Family Care 5. Cultural Issues 6. Nursing Assessment 7. Nutrition 8. Infection Control *Neurological* 9. Neurological Assessment 10. Acute Pain Management 11. Psychological Disturbances 12. Sleep 13. Stress 14. Acute Neurological Pathologies *Respiratory* 15. Respiratory Assessment 16. Pulse Oximetry 17. Arterial Blood Gas Analysis 18. Respiratory Pathologies 19. Oxygen Therapy 20. Suctioning 21. Intrapleural Chest Drains 22. Temporary Tracheostomies 23. Non-Invasive Ventilation *Cardiovascular* 24. Haemodynamic Assessment 25. ECGs & Common Dysrhythmias 26. Acute Coronary Syndromes 27. Shock 28. Heart Failure 29. Fluid & Electrolyte Disturbances *Abdominal* 30. Acute Kidney Injury 31. Gastrointestinal Disorders 32. Haematological Disorders 33. Diabetic Emergencies 34. Acute Liver Dysfunction 35. Gynaecology *Positive Outcomes* 36. Rehabilitation 37. Transferring Patients 38. Critical Care Outreach and Early Detection of Illness 39. End of Life Care 40. Tissue Retrieval 41. Professional Issues

June 2009: 246 x 174: 512pp  
Hb: 978-0-415-46794-0: **£80.00**  
Pb: 978-0-415-46795-7: **£29.99**  
eBook: 978-0-203-87588-9

**TEXTBOOK**  
**2ND EDITION****Intensive Care Nursing**

A Framework for Practice

**Philip Woodrow**



**'This is the bible of all qualified nurses and those undertaking intensive care courses.'** – *Nursing Standard*

**'Comprehensive, clear and clinically focused, this text is becoming a standard text for students undertaking critical care courses and as a reference book on the shelves of critical care units I would advise all libraries and intensive care units to**

**acquire a copy.'** – *Journal of Advanced Nursing*

**'One of those rare textbooks that you could actually read for enjoyment! My edition is well thumbed and has proven to be invaluable when wanting to find the answer to a question quickly.'** – *Jacqueline Mandy Coggan, Clinical Educator for Critical Care, King's Mill Hospital, Sutton in Ashfield*

This completely updated and revised new edition is specially written for qualified nurses working in intensive care nursing units. Fully comprehensive and developed to be as accessible as possible it contains four new chapters with valuable new and updated clinical scenarios to aid learning.

This second edition has been fully developed and reviewed by practitioners and teachers, as well as a senior pharmacist and covers:

- patient-focused issues of bedside nursing
- the technical knowledge necessary to care safely for ICU patients
- the more common and specialized disease processes and treatments encountered
- how nurses can use their knowledge and skills to develop their own and others' practice.

A support website at

**[www.routledge.com/textbooks/0415373239](http://www.routledge.com/textbooks/0415373239)** links to other important sites, gives answers to the clinical scenario questions and provides a forum for discussion of important clinical issues.

2006: 246 x 174: 608pp  
Hb: 978-0-415-37322-7: **£80.00**  
Pb: 978-0-415-37323-4: **£29.99**  
eBook: 978-0-203-96555-9

## The Biological Basis of Nursing

Clinical Observations

**William T. Blows**

This is a unique text which integrates explanations of essential nursing procedures with the biological knowledge that underpins practice. It is aimed at all students preparing for clinical practice in nursing.

2000: 246 x 174: 376pp  
Hb: 978-0-415-21254-0: **£90.00**  
Pb: 978-0-415-21255-7: **£25.99**  
eBook: 978-0-203-13860-1

## The Biological Basis of Nursing: Cancer

**William T. Blows**



**'William Blows begins this book by stating: 'Life is all about biology.' He sees biology as a living and happening event, and his book explains the biology behind the hows and whys of cancer.'** – *Nursing Standard*

This text presents specialised biological information aimed at nurses. It covers what cancer is, how it damages the body, and how cancer treatments work.

2005: 246 x 174: 376pp  
Hb: 978-0-415-32745-9: **£85.00**  
Pb: 978-0-415-32746-6: **£24.99**  
eBook: 978-0-203-39055-9

## FORTHCOMING

### World Religions for Healthcare Professionals

Edited by **Siroj Sorajjakool**, **Mark Carr**, Loma Linda University, California, USA and **Julius Nam**



This text provides healthcare professionals with a basic knowledge of health beliefs and practices in world religions such as Hinduism, Buddhism, Confucianism, Taoism, Christianity, Sikhism, Islam, and Judaism. By exploring how various religious traditions view sickness, health, birth, and death and discussing their clinical practices, it will ensure that clinicians are better able to help patients from a variety of backgrounds.

July 2009: 235 x 156: 220pp  
Hb: 978-0-7890-3812-8: **£70.00**  
Pb: 978-0-7890-3813-5: **£19.99**  
eBook: 978-0-203-87491-2

## NEW

### Digital Welfare for the Third Age

Health and Social Care Informatics for Older People

Edited by **Brian D. Loader**, University of York, UK,  
**Michael Hardey**, Hull York Medical School, UK and  
**Leigh Keeble**, University of York, UK



Digital Welfare is part of the broader project in Britain and elsewhere to adopt new information and communications technologies (ICTs) to organise and deliver health and social welfare services. This includes mundane technologies like an alarm to call for help to complex telecare 'smart homes' and electronic patient records. The intended and unintended consequences of such new technologies must be explored if we are to benefit from these

innovations. Based on recent research this book seeks to highlight and examine the new opportunities and dilemmas that confront older people and all those concerned with their welfare in the network society.

This edited collection provides original contributions from leading academics and researchers in the field to access the evidence for improved professional integration and user-centred health and social care services for older people arising from health informatics. *Digital Welfare for the Third Age* will be of interest to all those working with older people.

2008: 234 x 156: 192pp  
Hb: 978-0-415-45408-7: **£75.00**  
Pb: 978-0-415-45409-4: **£22.99**  
eBook: 978-0-203-88653-3

### The Social Context of Ageing



A Textbook of Gerontology

**Christina Victor**



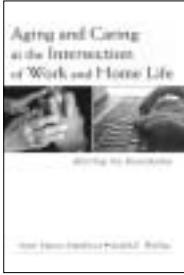
This book focuses on the social contexts of ageing, looking at the diversity of ageing and older people, and at different factors that are important to experiences of old age and ageing.

2004: 216 x 138: 368pp  
Hb: 978-0-415-22139-9: **£85.00**  
Pb: 978-0-415-22140-5: **£25.99**

## Aging and Caring at the Intersection of Work and Home Life

Blurring the Boundaries

Edited by **Anne Martin-Matthews**, University of British Columbia, Canada and Director, Institute of Aging, Canadian Institutes of Health Research and **Judith E. Phillips**, Swansea University, UK



**'This path-breaking collection provides an innovative approach to understanding the intersections of work-life balance and care-giving for frail older people. It challenges traditional research on care-giving by emphasizing the complex negotiations of care amongst caring networks, and across multiple paid care providers. It will advance current thinking in different cultural, social and**

**economic contexts, throwing into sharp relief new ideas about work-life balance, and the family, while also critically addressing issues of gender, race, and ethnicity. This book will become a classic in new research approaches to care-giving'** - Sara Arber, Centre for Research on Ageing and Gender (CRAG), University of Surrey, UK

2008: 229 x 152: 328pp  
Hb: 978-0-8058-5917-1: **£45.00**

## Guide to Ministering to Alzheimer's Patients and Their Families

Pat Otwell



This book examines the importance of spirituality in dealing with the everyday challenges of this mysterious disease. Not a 'how-to' manual with step-by-step instructions or tried and true formulas, this unique book instead examines the essential elements of ministering to dementia patients based on the first-hand accounts of family members living through pain and uncertainty. The book explores the stages of Alzheimer's, grief and guilt,

available resources, and implications of spiritual care for patients and families.

2008: 229 x 152: 296pp  
Hb: 978-0-7890-2902-7: **£39.00**  
Pb: 978-0-7890-2903-4: **£28.00**  
eBook: 978-0-203-88352-5

• AVAILABLE AS AN INSPECTION COPY

## FORTHCOMING

### Grief, Loss and Bereavement Care

An Evidence-based Approach for Health and Social Care

Edited by **Peter Wimpenny**, Robert Gordon University, UK



Bereavement is a challenging area for everyone, including health and social care practitioners who are often well placed to offer help and support to the bereaved. This invaluable text draws together a comprehensive evidence-base for supporting grieving people from a wide range of research, and applies it to a health and social care context.

Accessible and practical throughout, each chapter identifies key recommendations from the research and includes thinking points to help the reader apply them to practice. An overview chapter examines theoretical perspectives and defines key concepts, such as grief, loss, bereavement, mourning and bereavement care. Part one explores bereavement across the lifespan, from childhood to older people. Part two looks at different interventions and care settings.

July 2009: 234 x 156: 208pp  
Hb: 978-0-415-46750-6: **£70.00**  
Pb: 978-0-415-46751-3: **£19.99**

### Bereavement Narratives

Continuing Bonds in the Twenty-first Century

**Christine Valentine**, University of Bath, UK



Bereavement is often treated as a psychological condition of the individual with both healthy and pathological forms. However, this empirically-grounded study argues that this is not always the best or only way to help the bereaved. In a radical departure, it emphasizes normality, and social and cultural diversity in grieving.

**Selected Contents:** Introduction  
**Part 1: Preserving and Affirming Personhood**

1. Humanising a Loved One's Dying 2. Constructing a Good Death 3. Dying Moments  
**Part 2: Absence and Presence** 4. Defining Loss 5. Materialising Loss 6. Rediscovering Presence 7. Locating and Sustaining Presence 8. Continuing Bonds in Contemporary Society

2008: 234 x 156: 208pp  
Hb: 978-0-415-45729-3: **£80.00**  
Pb: 978-0-415-45730-9: **£22.99**  
eBook: 978-0-203-89336-4

40TH ANNIVERSARY EDITION

**On Death and Dying**

What the Dying have to Teach Doctors, Nurses, Clergy and their own Families

**Elisabeth Kübler-Ross**



**'This is a book to own but every library should have a copy and every medical and nursing syllabus a place for discussion of death and dying with this as a textbook.'** – *Nursing Times*

This groundbreaking book is still relevant – giving a voice to dying people and exploring what impending death means to them, often in their own words. People speak about their experience of dying, their relief in expressing their fear and anger and being able to move forward to a state of acceptance and peace.

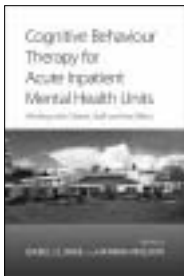
Ideal for all those with an interest in bereavement or the five stages of grief, this book contains a new extended introduction from Professor Allan Kellehear. This additional chapter re-examines *On Death and Dying* looking at how it has influenced contemporary thought and practice.

2008: 216 x 138: 264pp  
 Hb: 978-0-415-46398-0: **£70.00**  
 Pb: 978-0-415-46399-7: **£18.99**  
 eBook: 978-0-203-88965-7

**Cognitive Behaviour Therapy for Acute Inpatient Mental Health Units**

Working with Clients, Staff and the Milieu

Edited by **Isabel Clarke** and **Hannah Wilson**, both at Hampshire Partnership NHS Trust, UK



*Cognitive Behaviour Therapy for Acute Inpatient Mental Health Units* presents innovative ways of delivering CBT within the inpatient setting and applying CBT principles to inform and enhance inpatient care.

2008: 234 x 156: 248pp  
 Hb: 978-0-415-42211-6: **£55.00**  
 Pb: 978-0-415-42212-3: **£24.99**

**TEXTBOOK**

**Alcohol and Drug Misuse**



A Handbook for Students and Health Professionals

**G. Hussein Rassool**, University of São Paulo, Brazil, formerly of St George's Hospital Medical School, UK.



Written by an experienced author and lecturer, this five part text presents an introduction to drug and alcohol misuse and provides:

- the context of alcohol and drug misuse, and the nature and theories of addiction, including a historical overview and policy initiatives in contemporary society
- the problems associated with psychoactive substances and their impact on groups such as black and minority ethnic people, young people, women, older people and the homeless

- the generic role responses to substance misuse in a variety of different settings and contexts, including primary care, community and hospitals
- a framework for assessment, care planning, harm reduction approach, dealing with overdose, intoxication and withdrawals, psychological and pharmacological interventions
- an accessible and skills-oriented approach to assist students and practitioners in dealing with drug and alcohol misuse

*Alcohol and Drug Misuse* takes into account current policy initiatives and practice for substance use and misuse and includes a range of pedagogical features to enhance learning. It is essential reading for nursing and health students taking substance misuse modules, as well as related CPD courses for health care professionals.

2008: 246 x 174: 480pp  
 Hb: 978-0-415-40965-0: **£75.00**  
 Pb: 978-0-415-40967-4: **£25.99**

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**NEW**

6TH EDITION

**People in Crisis**

Clinical and Diversity Perspectives

**Lee Ann Hoff**, Life Crisis Institute, USA,  
**Bonni Joyce Hallisey** and **Miracle Hoff**



The first edition of *People in Crisis* published in 1978, established success as a comprehensive and user-friendly text for health and social service professionals. The book and its following incarnations included critical life events and life cycle transition challenges, clearly pointing out the interconnections between such events, stressful development changes, and their potential for growth but also danger of suicide and/or violence toward others.

This new edition includes new case examples and expanded coverage of cross-cultural content, including “commonalities and differences” in origins, manifestations, and crisis responses. The authors illustrate the application of crisis concepts, assessment, and intervention strategies across a wide range of health and mental health settings, as well as at home, school, workplace, and in the community. Each chapter contains a closing summary that includes discussion questions, references, and data sources for maximum application and learning.

February 2009: 246x174: 480pp  
 Pb: 978-0-415-99075-2: **£30.00**

**Working with Substance Misusers**

A Guide to Theory and Practice

Edited by **Trudi Petersen** and **Andrew McBride**



*Working with Substance Misusers* is a practical handbook for students and those who work with people who misuse drugs or alcohol. Making clear the connection of theory to practice, it encourages a skills-based, but reflective, approach to work in this complex field.

2002: 246 x 174: 392pp  
 Hb: 978-0-415-23567-9: **£90.00**  
 Pb: 978-0-415-23568-6: **£25.99**  
 eBook: 978-0-203-99536-5

**The Biological Basis of Nursing: Mental Health**

**William T. Blows**



This essential text for mental health nursing students, practitioners and educators explores the underlying biology associated with the pathology of mental health disorders and the related nervous system.

2002: 246 x 174: 288pp  
 Hb: 978-0-415-24853-2: **£85.00**  
 Pb: 978-0-415-24854-9: **£24.99**  
 eBook: 978-0-203-47186-9

TEXTBOOK

**Prescribing Mental Health Medication**

The Practitioner's Guide

**Christopher M. Doran, MD**



Drawing on the author's considerable experience of training nurses and medical staff new to prescribing, *Prescribing Mental Health Medication* provides a comprehensive and supportive source of reference for the novice practitioner.

2003: 246 x 189: 464pp  
 Hb: 978-0-415-28209-3: **£90.00**  
 Pb: 978-0-415-28222-2: **£34.99**  
 eBook: 978-0-203-98770-4

**FORTHCOMING**

2ND EDITION

**Managing in Health and Social Care**

**Vivien Martin**, University of Brighton, UK,  
**Euan Henderson** and **Julie Charlesworth**, The Open University, UK

Praise for the first edition:

**'This book will help service and project managers, and should be key to the development of local projects' management communities.'** – *Community Care*

*Managing in Health and Social Care* is about developing skills to manage and improve health and social care services. The focus throughout is on the role that a manager can play in ensuring effective delivery of a high-quality service to service users. Examples from social care and health settings are used to illustrate techniques for managing people, resources, information, projects and change.

This thoroughly updated new edition includes coverage of topics such as clinical governance; community care; commissioning and contracting; information provision and managing diversity. There are three completely new chapters on:

- interprofessional working
- motivation
- managing in context.

The authors explore how managers can make a real and positive difference to the work of organisations providing health and social care. It considers what effectiveness means in managing care services, the values that underpin the services, the roles of leaders and managers in developing high-quality service provision, and the necessary skills and systems to enable service users to contribute to planning and evaluation.

*Managing in Health and Social Care* is a practical textbook for students of management in health and social care, whether at undergraduate or postgraduate level. It includes case studies with textual commentary to reinforce learning, activities, key references and clear explanations of essential management tools and concepts.

November 2009: 246 x 174: 400pp  
 Hb: 978-0-415-49388-8: **£80.00**  
 Pb: 978-0-415-49389-5: **£23.99**

**FORTHCOMING IN 2010****Governing the New NHS**

Issues and Tensions in Health Service Management

**John Storey**, The Open University, UK, **John Bullivant**, NHS Clinical Governance Support Team, UK and **Andrew Corbett-Nolan**, Head of Governance, Humana Europe Ltd, UK

The new NHS is a very different organisation to the one set up sixty years ago. Over a decade of reforms have involved the redistribution and devolution of NHS accountabilities for primary care, secondary, tertiary and mental health services and a host of new supervisory and management bodies, authorities and trusts have been set up. All these changes have made governance a crucial and contested issue in health care.

*Governing the New NHS* makes sense of the new systems and will enable anyone interested in healthcare governance to navigate their way confidently through the confusion. It describes, assesses and critiques the new governance arrangements. It examines how they are working in practice, reporting on how practitioners are making sense of, and responding to, the difficulties and paradoxes that arise. The book:

- explains current governance arrangements and explores related issues and tensions – such as those between the devolved countries, and primary and secondary care trusts
- discusses the roles and interrelationships of boards and effective board practice
- debates the nature of effective governance and how to do it well
- looks at how to ensure seamless governance and service provision in a fragmented NHS – avoiding gaps and problems between different health service providers.

The authors draw on survey data from primary and secondary trusts across England and detailed case study data from primary care, acute and mental health trusts. Each chapter is supplemented with contributions written by leading practitioners in the health system, which are then commented on and put into context by the authors. This practical book will be invaluable to all those interested in health governance, whether academic, student or practitioner.

February 2010: 234 x 156: 224pp  
 Hb: 978-0-415-49275-1: **£70.00**  
 Pb: 978-0-415-49276-8: **£23.99**

**FORTHCOMING IN 2010****Evidence-based Health Care?**

Clinical Knowledge in Practice

**John Gabbay** and **Andree le May**, both at University of Southampton, UK

This book critically appraises the evidence-based practice movement and introduces the reader to a range of theoretical frameworks to inform that reappraisal.

Evidence-based practice and policy making has recently become firmly established as a part of the training of all health professionals, both clinical and managerial. Yet despite its 'gold-standard' status, the evidence-based practice movement is faltering because too much effort has gone into trying to achieve an idealised model of the way clinicians ought to find and use best evidence while not enough has been done to understand why they so often don't.

*Evidence-based Health Care?* sets out to examine how clinicians do actually develop and use clinical knowledge day-to-day. It sets out the concept of 'mindlines'- internalised, collectively reinforced, tacit guidelines built up during training and continually updated by reading, by personal experience and that of others and by interactions with networks of trusted sources that facilitate the exchange of largely tacit knowledge.

This groundbreaking book draws on ethnographic data from the UK and the US. It will help students to understand more about implementing new knowledge in practice and will be of practical use to clinicians, health service managers, policymakers, researchers and educators working on the promotion of evidence-based practice.

April 2010: 216 x 138: 208pp  
Hb: 978-0-415-48668-2: **£75.00**  
Pb: 978-0-415-48669-9: **£21.99**

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# eBooks

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**NEW****The New Sociology of the Health Service**

Edited by **Jonathan Gabe**, Royal Holloway, University of London, UK and **Mike Calnan**, University of Kent, UK



**'In this hugely welcome second edition, leading sociologists offer far-reaching insights into the often contested changes in UK health policy over the past decade. A sociological perspective on contemporary policy developments, notably the growing managerialisation and marketisation of health care, the impact of consumerism on health and social care, and the growing health gap between social**

**groups, has been sorely missing. This excellent collection of essays is therefore timely and essential reading by students of health policy.'** – *David J. Hunter, Professor of Health Policy and Management, Wolfson Research Institute, Durham University, UK*

Following up the very successful *The Sociology of the Health Service*, this all-new volume covers a broad range of key contemporary health services issues. It includes chapters on consumerism, technology, evidence-based practice, public health, managerialism and social care among others, and incorporates references to new developments, such as regulation and incentivization, throughout.

*The New Sociology of the Health Service* provides a vital new sociological framework for analyzing health policy and healthcare. It is an important read for all students and researchers of medical sociology and health policy.

**Selected Contents:** 1. Remaking a Trustworthy Medical Profession in Twenty-first Century Britain? 2. Changing Forms of Managerialism in the NHS: Hierarchies, Markets and Networks 3. The Restratification of Primary Care in England? A Sociological Analysis 4. Visions of Privatization: New Labour and the Reconstruction of the NHS 5. The Pharmaceutical Industry, the State and the NHS 6. Evidence-based Practice in UK Health Policy 7. Innovation and Implementation in Health Technology 8. Health Care, Consumerism and the Politics of Identity 9. Mainstream Marginality: 'Non-orthodox' Medicine in an 'Orthodox' Health Service 10. Social Care: Relationships, Markets and Ethics 11. Equalizing the People's Health: A Sociological Perspective

March 2009: 234 x 156: 264pp  
Hb: 978-0-415-45597-8: **£70.00**  
Pb: 978-0-415-45598-5: **£21.99**  
eBook: 978-0-203-87974-0

**NEW**

## Healthcare Knowledge Management Primer

**Nilmini Wickramasinghe**, Illinois Institute of Technology, USA, **Rajeev K. Bali** and **Brian Lehaney**, both at Coventry University, UK, **Jonathan Schaffer**, The Cleveland Clinic, Ohio, USA and **M. Chris Gibbons**, Johns Hopkins University, USA

Series edited by **Steve Clark**

*Series: Routledge Series in Information Systems*

The *Healthcare Knowledge Management Primer* explores and explains essential KM principles in healthcare settings in an introductory and easy to understand fashion. This concise book is ideal for both students and professionals who need to learn more about key aspects of the KM field as it pertains to effecting superior healthcare delivery. It provides readers with an understanding of approaches to KM by examining the purpose and nature of its key components and demystifies the KM field by explaining in an accessible manner the key concepts of KM tools, strategies and techniques, and their benefits to contemporary healthcare organizations.

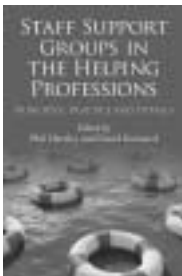
May 2009: 254 x 178: 208pp  
Hb: 978-0-415-99443-9: **£80.00**  
Pb: 978-0-415-99444-6: **£24.99**  
eBook: 978-0-203-87983-2

**FORTHCOMING**

## Staff Support Groups in the Helping Professions

Principles, Practice and Pitfalls

Edited by **Phil Hartley**, Adult Psychotherapist and Group Analyst, NHS UK and **David Kennard**, Clinical Psychologist and Group Analyst, UK



In this book Hartley, Kennard and their contributors explore the influences that help and hinder the setting up and running of staff support groups, and attempt to counter the often negative stigma that the term 'staff support' can evoke. They demonstrate that such support groups can be a sophisticated and valuable intervention that needs careful preparation and skilful management to succeed, and will in turn not only

benefit the individual, but also the department as a whole and those that they care for.

June 2009: 234 x 156: 224pp  
Hb: 978-0-415-44773-7: **£55.00**  
Pb: 978-0-415-44774-4: **£19.99**  
eBook: 978-0-203-87947-4

## The NHS Experience

The 'Snakes and Ladders' Guide for Patients and Professionals



### Hilary Cass

**'A relevant and compelling book, accessible to professionals and laypeople alike an invaluable and excellent guide to using the NHS.'** – *Leyla Sanai, The Lancet*

*The NHS Experience* is an accessible and engaging guide for all those journeying through the NHS, whether as patients, carers or professionals. It draws on the experience of staff and families at Great Ormond Street Hospital to provide good practice guidance for both users and providers of health care.

Asking difficult questions about how we can improve the NHS experience for everyone at the front line, Daniel's story builds on information from a wealth of sources to highlight:

- the practical, ethical, resource and financial dilemmas integral to the NHS
- the vital issues around communication, trust, management of clinical errors, consent, shared decision-making and bereavement
- the realities of fragmented care, bed shortages, uncertain diagnoses, and complex and difficult treatment choices.

This is a book that should be read by all healthcare professionals and everyone who uses the NHS.

2005: 216 x 138: 304pp  
Pb: 978-0-415-33671-0: **£22.99**  
eBook: 978-0-203-34072-1

- **AVAILABLE AS AN INSPECTION COPY**

## The New NHS

A Guide



**Alison Talbot-Smith** and **Allyson M. Pollock**



**'The British National Health Service is undergoing unprecedented change. Disconnected policies are being developed at breakneck speed. Alison Talbot-Smith and Allyson Pollock are to be congratulated for bringing some clarity into this otherwise extremely confusing situation.'** – *Martin McKee, London School of Hygiene and Tropical Medicine*

This is an indispensable resource for those working in healthcare today as clinicians, academics, researchers and managers. It will also be essential reading for academics, students, and researchers in related fields, as well as the general public.

2006: 234 x 156: 224pp  
Pb: 978-0-415-32841-8: **£17.99**  
eBook: 978-0-203-37044-5

- **AVAILABLE AS AN INSPECTION COPY**

## CO-PUBLISHED WITH THE OPEN UNIVERSITY



### The Managing Care Reader

Edited by **Jill Reynolds, Jeanette Henderson, Janet Seden, Julie Charlesworth** and **Anne Bullman**

**'The strength of the book is its mix of classic texts with more contemporary explorations of management dilemmas in social care.'** – *Community Care*

This *reader* includes material relevant to everyone involved in developing new relationships in health and social care and brings material with a management focus relating to care together with some classic management texts.

2002: 234 x 156: 376pp  
Hb: 978-0-415-29788-2: **£90.00**  
Pb: 978-0-415-29789-9: **£24.99**

### Managing Care in Context

Edited by **Dorothy Atkinson** and **Jeanette Henderson**

*Managing Care in Context* looks at the different contexts in which care takes place and considers the impact of policy, practice and organisational contexts on managers. It explores the complexity and diversity of the management task and the role

2003: 246 x 174: 368pp  
Hb: 978-0-415-29866-7: **£85.00**  
Pb: 978-0-415-29868-1: **£23.99**

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### Managing Care in Practice

Edited by **Jill Reynolds** and **Janet Seden**

**'This well-sourced and resourced book develops the key theme of practice-led management and develops a fresh framework for team managers whose roles are pivotal in whether a service is any good.'** – *Anthony Douglas, Director of Social Care and Health, Suffolk County Council, UK*

**'A book for all seasons and all team members.'**  
– *Community Care*

Written in an engaging and accessible style, *Managing Care in Practice* will be key reading for aspiring, new and experienced managers of care within the health and social services sector.

2003: 246 x 174: 368pp  
Hb: 978-0-415-29864-3: **£85.00**  
Pb: 978-0-415-29865-0: **£23.99**

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## NEW

### Studying for Continuing Professional Development in Health

A Guide for Professionals

**Kym Fraser**, Charles Darwin University, Australia



With three student case studies based in health care settings to illustrate examples, the book shows how experience can aid learning and how learning can be used to improve practice in the workplace. The book covers the vital issues that students will face including chapters on:

- **preparing to study** – which includes help on choosing a course, negotiating your study needs with family and friends,

developing a study time table and organising your place of study

- **study management and learning** – how we can choose the ways in which we learn using different strategies and resources depending on what we want to achieve

- **study skills** – focussing on the key elements of studying: writing assignments; preparing for exams; learning online; working online and working in groups.

2008: 234 x 156: 160pp  
Hb: 978-0-415-41888-1: **£65.00**  
Pb: 978-0-415-41889-8: **£15.99**

## TEXTBOOK

### Being an E-learner in Health and Social Care



A Student's Guide

**Julie Santy** and **Liz Smith**, both at University of Hull, UK



This book is designed to help students and their tutors to become acquainted with the issues and methods around being an online learner in health and social care. It gives practical advice and provides guidance on developing skills and attitudes for successful online learning within health and social care. Based on the authors' experience of teaching online, the book includes numerous tips and case studies.

2007: 234 x 156: 192pp  
Hb: 978-0-415-40141-8: **£75.00**  
Pb: 978-0-415-40142-5: **£19.99**  
eBook: 978-0-203-96175-9

**NEW****Assessment in Health Professions Education**

**Steven M. Downing**, University of Illinois at Chicago, USA and **Rachel Yudkowsky**, University of Chicago, USA



*Assessment in Health Professions Education* is the first comprehensive text written specifically for this audience. Part one presents assessment fundamentals and their theoretical underpinnings, while part two chapters cover the specific assessment methods used in all the health professions. Although scholarly and evidence-based, the book is accessible to non-measurement specialists. Key features include:

- **comprehensive** – this is the first text to provide broad, single-source coverage of all aspects of assessment in the health professions
- **accessible presentation** – although evidence-based throughout, the writing style and tone are keyed to consumers of measurement topics and data rather than to measurement specialists
- **organizing theme** – validity evidence is used as an organizing theme. It is presented early (chapter 2) and referred to in all subsequent chapters.

April 2009: 229 x 152: 304pp  
Hb: 978-0-8058-6127-3: **£75.00**  
Pb: 978-0-8058-6128-0: **£32.50**  
eBook: 978-0-203-88013-5

**Effective Writing for Health Professionals**

A Practical Guide to Getting Published  
**Megan-Jane Johnstone**



Written by a best-selling academic author, *Effective Writing for Health Professionals* provides insights and strategies for publishing designed for nurses, midwives and health professionals.

2004: 234 x 156: 160pp  
Pb: 978-0-415-33447-1: **£23.99**  
eBook: 978-0-203-37105-3

- **AVAILABLE AS AN INSPECTION COPY**

**FORTHCOMING****Nursing and Women's Labour in the Nineteenth Century**

The Quest for Independence

**Sue Hawkins**, Kingston University, UK

This book presents a new examination of Victorian nurses which challenges commonly-held assumptions about their character and motivation. Nineteenth century nursing history has, until now, concentrated almost exclusively on nurse leaders, on the development of nursing as a profession and the politics surrounding registration. This emphasis on big themes, and reliance on the writings of nursing's upper stratum, has resulted in nursing history being littered with stereotypes. This book is one of the first attempts to understand, in detail, the true nature of Victorian nursing at ground level.

Uniquely, the study views nursing through an economic lens, as opposed to the more usual vocational focus. Nursing is placed in the wider context of women's role in British society, and the changing prospects for female employment in the high Victorian period. Using St George's Hospital, London as a case study, the book explores the evolution of nurse recruitment, training, conditions of employment and career development in the second half of the nineteenth century.

December 2009: 234 x 156: 208pp  
Hb: 978-0-415-55169-4: **£70.00**

**NEW****RLE: The Foundations of Modern Nursing in America****Various**

*The Foundations of Modern Nursing in America* reprints a distinguished selection of important texts published in this field over the last century, authored by some of the most eminent names in nursing including Lavinia Dock (Secretary for the Council of Nurses for over twenty years), Adelaide Nutting (the first ever professor of nursing), Clara Weeks-Shaw, Darlene Clark Hine, and Susan Reverby. The collection deals with issues such as the education and training of nurses, hospital management, the history of anaesthesia, and issues of race and ethics in the nursing profession.

2008: 246 x 174: 4168pp  
Hb: 978-0-415-47821-2: **£995.00**

## Community Nursing and Primary Healthcare in Twentieth-Century Britain

**Helen M. Sweet**, Wellcome Unit for the History of Medicine, Oxford, UK and **Rona Dougall**, University of Glasgow, UK

*Series: Routledge Studies in the Social History of Medicine*



This book takes a fresh look at community nursing history in Great Britain, examining the essentially generalist and low profile, domiciliary end of the professional nursing spectrum throughout the twentieth century. It charts the most significant changes affecting the nurse's work on the district including compulsory registration for general nursing, changes in organization, training, conditions of service, and workload. A strong oral history component

provides a unique insight into the professional images of district nursing and the complexities of inter- and intra-professional relationships as well as into the changing day-to-day working experiences of the district nurse at 'grass-roots' level. The work addresses issues of gender relationships central to a nursing profession largely composed of women (throughout much of the period) working alongside a largely male-dominated medical profession.

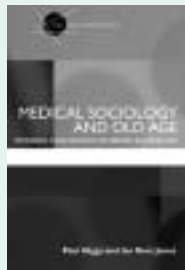
2007: 229 x 152: 282pp  
Hb: 978-0-415-95634-5: **£65.00**  
eBook: 978-0-203-93372-5

## Medical Sociology and Old Age

Towards a Sociology of Health in Later Life

**Paul Higgs**, University College London, UK and **Ian Rees Jones**, St George's Hospital Medical School, London, UK

*Series: Critical Studies in Health and Society*



The nature of health in later life has conventionally been studied from two perspectives. Medical sociologists have focused on the failing body, chronic illness, infirmity and mortality, while social gerontologists on the other hand have focused on the epidemiology of old age and health and social policy. By examining these perspectives, Higgs and Jones show how both standpoints have a restricted sense of contemporary ageing which has

prevented an understanding of the way in which health in later life has changed. In the book, the authors point out that the current debates on longevity and disability are being transformed by the emergence of a fitter and healthier older population. This third age - where fitness and participation are valorised - leads to the increasing salience of issues such as bodily control, age-denial and anti-ageing medicine. By discussing the key issue of old age versus ageing, the authors examine the prospect of a new sociology - a sociology of health in later life.

*Medical Sociology and Old Age* is essential reading for all students and researchers of medical sociology and gerontology and for anyone concerned with the challenge of ageing populations in the twenty-first century.

This book is essential reading for all students and researchers of medical sociology and gerontology.

**Selected Contents:** 1. Medical Sociology and Old Age 2. Social Gerontology and Old Age 3. The Body at Later Ages 4. New Developments in Social Gerontology 5. The Death of Old Age, Critical Approaches as Undertakers 6. The Birth of a Sociology of Health in Later Life 7. Conclusion

2008: 276 x 219: 160pp  
Hb: 978-0-415-39855-8: **£70.00**  
Pb: 978-0-415-39860-2: **£21.99**  
eBook: 978-0-203-88872-8

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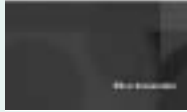
## Women's Health and Social Change

**Ellen Annandale**, University of Leicester, UK

*Series: Critical Studies in Health and Society*



Ellen Annandale provides a comprehensive and persuasive analysis of the contemporary social relations of gender and women's health, outlining what an adequate feminist analysis of women's health might look like.



**Selected Contents:** Introduction  
1. Recovering Gender and Health in History  
2. Making Connections: Feminism, Sociology and Health  
3. Two Traditions of Research on Gender and Health  
4. Women, Health and Reproduction  
5. Moving beyond Sex and Gender  
6. Morbidity and Mortality in Transition  
7. The Making of Women's Health: Diversity and Difference  
8. Concluding Remarks and Ways Forward

2008: 234 x 156: 192pp

Hb: 978-0-415-19086-2: **£75.00**

Pb: 978-0-415-19087-9: **£22.99**

eBook: 978-0-203-64471-3

## Emotional Labour in Health Care

The Unmanaged Heart of Nursing

**Catherine Theodosius**, University of Essex and Suffolk College University, UK

*Series: Critical Studies in Health and Society*



Do nurses still care? In today's inflexible, fast-paced and more accountable workplace where biomedical and clinical models dominate health care practice, is there room for emotional labour?



Based on original empirical research, this book delves into personal accounts of nurses' emotion expressions and experiences as they emerge from everyday nursing practice, and illustrates how their emotional labour is adapting in response to a constantly changing work environment.

This innovative volume will be of interest to nursing, health care and sociology students, researchers and professionals.

2008: 234 x 156: 248pp

Hb: 978-0-415-40953-7: **£80.00**

Pb: 978-0-415-40954-4: **£22.99**

eBook: 978-0-203-89495-8

## FORTHCOMING

## Globalisation, Markets and Healthcare Policy

Redrawing the Patient as Consumer

**Jonathan Tritter**, University of Warwick, UK,

**Meri Koivusalo** and **Eeva Ollila**, both at National Research and Development Centre for Welfare and Health, Finland

*Series: Critical Studies in Health and Society*



This book explores the extent to which globalisation and commercialisation relate to current and emerging health policies, looking at the implications for citizens, patients and social rights, as well as how policy-making interacts with the interests of global trade and economic policies.

Topics discussed include:

- how the impact of globalisation on health systems is apparent in the influence of international actors and European policies
- how the impact of globalisation is mediated by national priorities and policies and is therefore reflected in diverse influences
- how commercialisation of health is presented as benefiting citizens and patients but has the potential to undermine the aims of health systems
- how the role of citizens' interests, social rights, patients' rights and priorities of patient and public involvement need to be separated from commercialisation, choice and consumerism in health care.

Essential reading for policy makers and students of public policy, politics, law and health services, *Globalisation, Markets and Healthcare Policy* will also appeal to those interested in international healthcare, international relations, trans-national organisations and the EU.

July 2009: 234 x 156: 224pp

Hb: 978-0-415-41702-0: **£70.00**

eBook: 978-0-203-87509-4

## Contesting Psychiatry

Social Movements in Mental Health

**Nick Crossley**

*Series: Critical Studies in Health and Society*

2005: 234 x 156: 240pp

Hb: 978-0-415-35416-5: **£85.00**

Pb: 978-0-415-35417-2: **£25.99**

eBook: 978-0-203-00087-8

## Lifestyle in Medicine

Emily Hansen and Gary Easthope

Series: *Critical Studies in Health and Society*



'Lifestyle' is becoming increasingly popular as an explanation for health and illness. This book explores the ambiguities of the term 'lifestyle' and the way it is conceived and applied in medicine.

**Selected Contents:** 1. Lifestyle as a Medical Explanatory Model 2. Is the Medical Lifestyle Approach to Maintaining Health and Preventing Disease Successful? 3. Assumptions Underlying the Medical Approach to Lifestyle 4. Methodology and Research Methods 5. Lifestyle in Medical and Lay Texts 6. Doctors' Understanding of Lifestyle 7. Reflections on Lifestyle in Medicine

2006: 234 x 156: 208pp  
Hb: 978-0-415-35684-8: **£80.00**  
Pb: 978-0-415-35685-5: **£24.99**  
eBook: 978-0-203-00284-1

## Medical Technologies and the Life World

The Social Construction of Normality

Edited by Sonia Olin Lauritzen and Lars-Christer Hyden

Series: *Critical Studies in Health and Society*



What is the impact of new health technologies in healthcare and medicine on people's lives? This ground-breaking text explores how new technologies not only provide hope for cure and well being, but also introduce new ethical dilemmas and raise questions about the 'natural' body.

2006: 234 x 156: 200pp  
Hb: 978-0-415-36433-1: **£80.00**  
Pb: 978-0-415-36434-8: **£24.99**  
eBook: 978-0-203-01545-2

## The Logic of Care

Health and the Problem of Patient Choice

Annetarie Mol, University of Twente, the Netherlands



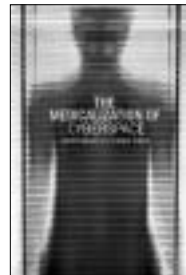
**'The Logic of Care analyses how healthcare produces health and shows how the best healthcare is necessarily at odds with the currently dominant rhetoric of health products limited. Mol hints at how education, farming and other production systems might be re-oriented along healthcare lines. This book has the brevity and profundity of a manifesto.'**

– Professor David Healy, Department of Psychological Medicine, Cardiff University, UK

2008: 216 x 138: 160pp  
Hb: 978-0-415-45342-4: **£80.00**  
Pb: 978-0-415-45343-1: **£21.99**  
eBook: 978-0-203-92707-6

## The Medicalization of Cyberspace

Andy Miah, University of Paisley, UK and Emma Rich, University of Loughborough, UK



The entire infrastructure and culture of medicine is being transformed by digital technology, the Internet and mobile devices. Cyberspace is now regularly used to provide medical advice and medication, with great numbers of sufferers immersing themselves within virtual communities. What are the implications of this medicalization of cyberspace for how people make sense of health and identity?

*The Medicalization of Cyberspace* is the first book to explore the relationship between digital culture and medical sociology. It examines how technology is redefining expectations of and relationships with medical culture, addressing the following questions:

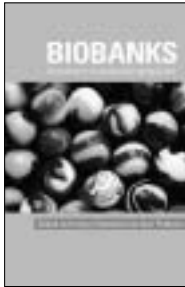
- how will the rise of digital communities affect traditional notions of medical expertise?
- what will the medicalization of cyberspace mean in a new era of posthuman enhancements?
- how should we regard hype and exaggeration about science in the media and how can this encourage public engagement with bioethics?

2008: 234 x 156: 176pp  
Hb: 978-0-415-37622-8: **£75.00**  
Pb: 978-0-415-39364-5: **£22.99**  
eBook: 978-0-203-93113-4

## Biobanks

Governance in Comparative Perspective

Edited by **Herbert Gottweis**, University of Vienna, Austria and **Alan Petersen**, University of Plymouth, UK



This groundbreaking book makes it clear that biobanks are a phenomenon that cannot be disconnected from considerations of power, politics and the reshaping of current practices in governance.

### Selected Contents:

Part 1: Conceptualising Biobanks  
Part 2: How to Build a Biobank: Comparing Different Approaches  
Part 3: Biobanks, Publics, and Citizenship

2008: 234 x 156: 248pp  
Hb: 978-0-415-42737-1: **£75.00**  
Pb: 978-0-415-42738-8: **£22.99**  
eBook: 978-0-203-92799-1

## Intimate Fatherhood

A Sociological Analysis

**Esther Dermott**, University of Bristol, UK



Fatherhood is gaining ever more public and political attention, stimulated by the increasing prominence of fathers' rights groups and the introduction of social policies, such as paternity leave. *Intimate Fatherhood* explores discourses of contemporary fatherhood, men's parenting behaviour and debates about fathers' rights and responsibilities.

Drawing on original qualitative interviews and large-scale

quantitative research, *Intimate Fatherhood* presents a sociological analysis of contemporary fatherhood in Britain by exploring our ideas of good fatherhood in relation to time use, finance, emotion, motherhood and policy debates. This book will interest students, academics and researchers in sociology, gender studies and social policy.

2008: 234 x 156: 176pp  
Hb: 978-0-415-42261-1: **£75.00**  
Pb: 978-0-415-42262-8: **£22.99**  
eBook: 978-0-203-92706-9

## FORTHCOMING

## Understanding and Addressing Adult Sexual Attraction to Children

A Study of Paedophiles in Contemporary Society

**Sarah D. Goode**, University of Winchester, UK



Paedophiles exist and we must develop ways of living with this fact whilst ensuring that children are kept safe. This groundbreaking book demystifies the field of adult sexual attraction to children, countering the emotionality surrounding this topic of paedophilia in the popular media by careful presentation of research data and interview material. Addressing how we can work together to reduce sexual offending in this population, *Understanding and*

*Addressing Adult Sexual Attraction to Children* bridges the gulf in understanding between those who want to protect children and those who feel sexual attraction to children and recognises that they are sometimes the same people.

Drawing on data from a sample of fifty-six self-defined paedophiles living in the community, Sarah Goode explores themes including self-identity, the place of fantasy, and the forms of support available to paedophiles. Her research highlights the scale of debate within the 'online paedophile community' about issues such as the morality of sexual contact with children and encouragement to maintain a law-abiding lifestyle. Throughout, she draws careful distinctions between sexual attraction to children and sexual contact with children. The book concludes with a valuable discussion on how adult sexual contact harms children and examples of a range of initiatives which work to protect children and prevent offending.

July 2009: 234 x 156: 224pp  
Hb: 978-0-415-44625-9: **£70.00**  
Pb: 978-0-415-44626-6: **£20.99**  
eBook: 978-0-203-87374-8

## The Routledge Cavendish Biomedical Law & Ethics Library

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## Education, Disordered Eating and Obesity Discourse

Fat Fabrications

**John Evans** and **Emma Rich**, both at University of Loughborough, UK, **Brian Davies**, Cardiff University, UK and **Rachel Allwood**, University of Loughborough, UK



Eating less, exercising more and losing weight seem the obvious solution for the oncoming 'obesity epidemic'. Rarely, however, is thought given to how these messages are interpreted and whether they are in fact inherently healthy.

*Education, Disordered Eating and Obesity Discourse* investigates how 'body centred talk' about weight, fat, food and exercise is recycled in schools, enters educational processes, and impacts on the identities and health of young people.

Drawing on the experiences of young women who have developed eating disorders and research on international school curricula and the media, the authors challenge the veracity, substance and merits of contemporary 'obesity discourse'. By concentrating on previously unexplored aspects of the debate around weight and health, it is revealed how well-meaning advice can propel some children toward behaviour that seriously damages their health.

2008: 234 x 156: 200pp  
Hb: 978-0-415-41894-2: **£80.00**  
Pb: 978-0-415-41895-9: **£22.99**  
eBook: 978-0-203-92671-0

## Rescued Lives

The Oxford House Approach to Substance Abuse

Edited by **Leonard Jason**, Director, Center for Community Research, DePaul University, Chicago, USA, **Bradley Olson**, Northwestern University, USA and **Karen Foli**, Kelley School of Business, Indiana University, USA



2008: 229 x 152: 272pp  
Hb: 978-0-7890-3630-8: **£65.00**  
Pb: 978-0-7890-3631-5: **£18.00**  
eBook: 978-0-20388-943-5

## Men and the War on Obesity

A Sociological Study

**Lee F. Monaghan**, University of Limerick, Ireland



Is obesity really a public health problem and what does the construction of obesity as a health problem mean for men?

According to official statistics, the majority of men in nations such as England and the USA are overweight or obese. Public health officials, researchers, governments and various agencies are alarmed and have issued dire warnings about a global 'obesity epidemic'. This perceived threat to public health seemingly

legitimizes declarations of war against what one US Surgeon General called 'the terror within'. Yet, little is known about weight-related issues among everyday men in this context of symbolic or communicated violence.

*Men and the War on Obesity* is an original, timely and controversial study. Using observations from a mixed-sex slimming club, interviews with men whom medicine might label overweight or obese and other sources, this study urges a rethink of weight or fat as a public health issue and sometimes private trouble. Recognizing the sociological wisdom that things are not as they seem, it challenges obesity warring and the many battles it mandates or incites. This important book could therefore help to change current thinking and practices not only in relation to men but also women and children who are defined as overweight, obese or too fat. It will be of interest to students and researchers of gender and the body within sociology, gender studies and cultural studies as well as public health researchers, policymakers and practitioners.

2008: 234 x 156: 232pp  
Hb: 978-0-415-40711-3: **£80.00**  
Pb: 978-0-415-40712-0: **£22.99**  
eBook: 978-0-203-92957-5

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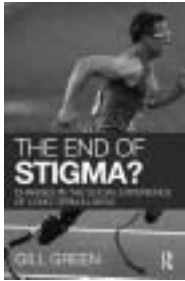
or use the order form in this catalogue.

**NEW**

## The End of Stigma?

Changes in the Social Experience of Long-term Illness

Gill Green, University of Essex, UK



This innovative book investigates the roots of contemporary experiences of stigma, throwing new light on the phenomenon by examining a variety of long term conditions.

Behaviour, lifestyle and identity are no longer the results of mass-production by social class and nation, but increasingly the quirky and unique eccentricities of the individual as consumer, reflexive citizen and free agent. But if the hallmark of the post-modern world is endless variety and unlimited sub-cultural freedom, should we not be witnessing 'The End of Stigma'? The book takes Fukuyama's notion of 'The End of History' and examines contemporary challenges to the stigma associated with chronic illness.

Award-winning author Gill Green examines cases of HIV, mental illness and substance misuse, to provide new insights into stigma in health. She demonstrates that people with long-term conditions refuse to be defined by their condition and highlights their increasingly powerful voice. *The End of Stigma?* will be of interest to a wide range of students and health professionals in medical sociology, health studies and social care.

February 2009: 234 x 156: 176pp  
 Hb: 978-0-415-37624-2: **£70.00**  
 Pb: 978-0-415-37625-9: **£21.99**  
 eBook: 978-0-203-88179-8



## Arguing about Disability

Philosophical Perspectives

Edited by **Kristjana Kristiansen**, Norwegian University of Science and Technology, Norway, **Simo Vehmas**, University of Jyväskylä, Finland and **Tom Shakespeare**, Newcastle University, UK

Disability is a thorny and muddled concept - especially in the field of disability studies - and social accounts contest with more traditional biologically based approaches in highly politicized debates. Sustained theoretical scrutiny has sometimes been lost amongst the controversy and philosophical issues have often been overlooked in favour of the sociological. *Arguing about Disability* fills that gap by offering analysis and debate concerning the moral nature of institutions, policy and practice, and their significance for disabled people and society.

Each contributor - drawn from a wide range of academic backgrounds including disability studies, sociology, psychology, education, philosophy, law and health science - uses a philosophical framework to explore a central issue in disability studies. The issues discussed include personhood, disability as a phenomenon, social justice, discrimination and inclusion.

2008: 234 x 156: 232pp  
 Hb: 978-0-415-45595-4: **£70.00**  
 eBook: 978-0-203-89157-5

**NEW**

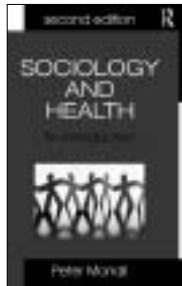
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2ND EDITION

## Sociology and Health

An Introduction

Peter Morrall, University of Leeds, UK



This lively, introductory text provides students and health practitioners with the foundations of a sociological understanding of health issues. Written for anyone who is interested in health and disease in contemporary global society, this book engages the reader to act upon their occupational and moral responsibilities.

It explains the key sociological theories and debates with humour and imagination in a way that will encourage an inquisitive and reflective

approach on the part of any student who engages with the text. With individual chapters covering sociology, health, science, power, medicalisation, madness happiness, sex, violence and death, *Sociology and Health* is organized so that the student moves through sociological approaches and themes which constantly recur in the experience of healthcare.

**Selected Contents:** Introduction 1. Sociology 2. Health 3. Science 4. Power 5. Medicalisation 6. Madness 7. Misery 8. Sex 9. Death Conclusion

February 2009: 216 x 138: 256pp  
 Hb: 978-0-415-41562-0: **£70.00**  
 Pb: 978-0-415-41563-7: **£21.99**  
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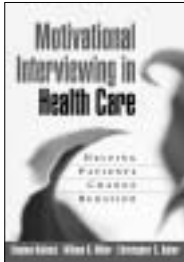
## Motivational Interviewing in Health Care



Helping Patients Change Behavior

**Stephen Rollnick**, **William R. Miller**, University of New Mexico, USA, and **Christopher C. Butler**, Cardiff University, Wales, UK

Series: *Applications of Motivational Interviewing*



**'I highly recommend this book for any practitioner dealing in health behavior change. In a conversational style with numerous helpful examples, the authors translate complex psychological concepts into easy-to-understand terms that will support and guide health care practitioners in improving their consultations with patients. The book is also a 'must' for the**

**shelves of undergraduates and graduate students alike who are interested in motivational interviewing within the world of health care practice.'** – *Judith Carpenter, registered dietitian, Derbyshire County Primary Care Trust, UK*

2008: 229 x 152: 210pp

Pb: 978-1-59385-612-0: **£16.99**

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## FORTHCOMING

### International Handbook of Sexuality, Health and Rights

Edited by **Peter Aggleton**, Institute of Education, University of London, UK and **Richard Parker**, Columbia University, USA



A detailed and up-to-date reference work, *The Handbook of Sexuality and Health* provides an authoritative overview of the main issues in the field around the world today. Leading academics and practitioners have been brought together to reflect on past, present and future approaches to understanding and promoting sexual health and rights.

November 2009: 246 x 174: 400pp

Hb: 978-0-415-46864-0: **£95.00**

## Sexuality, Culture and Health Series

### Sexuality, Health and Human Rights

**Sonia Corrêa**, Associação Brasileira Interdisciplinar de AIDS (ABIA), Brazil, **Rosalind Petchesky**, City University of New York, USA and **Richard Parker**, Columbia University, USA

Series: *Sexuality, Culture and Health*



This new work surveys how rapid changes taking place at the start of the twenty-first century in social, cultural, political and economic domains impact on sexuality, health and human rights. The relationships between men, women and children are changing quickly, as are traditional family structures and gender norms. What were once viewed as private matters have become public, and an array of new social movements – transgender,

intersex, sex worker, people living with HIV – have come into the open.

Offering a unique framework for understanding this new world, set in the context of the major theoretical debates of recent decades, this book will be of interest to professionals, advocates and policy researchers and is suitable for a wide range of courses covering areas such as gender studies, human sexuality, public health and social policy.

**Selected Contents:** Introduction **Part 1: Global 'Sex' Wars** 1. Landscaping Sexualities 2. The Real Politics of 'Sex' 3. The Sad 'Return of the Religious' **Part 2: Epistemological Challenges and Research Agendas** 4. The Modernization of 'Sex' and the Birth of Sexual Science 5. The Social Construction of Sexual Life 6. After AIDS **Part 3: The Promises and Limits of Sexual Rights** 7. On the Indispensability and Insufficiency of Human Rights 8. Inventing and Contesting Sexual Rights within the UN 9. Transnational Debates: Sexuality, Power, and New Subjectivities 10. At the Outer Limits of Human Rights: Voids in the Liberal Paradigm Postscript: Dreaming and Dancing – The 'Beyond' beyond Sexual Rights

2008: 234 x 156: 320pp

Hb: 978-0-415-35117-1: **£85.00**

Pb: 978-0-415-35118-8: **£22.99**

eBook: 978-0-203-89417-0

**FORTHCOMING****Mobility, Sexuality and AIDS**

Edited by **Felicity Thomas**, Institute of Education, UK, **Mary Haour-Knipe** and **Peter Aggleton**, Institute of Education, University of London, UK

*Series: Sexuality, Culture and Health*



*Mobility, Sexuality and AIDS* recognises the complex relationships between individual circumstances, different forms of migration and the different ways in which communities and states respond. It will be invaluable for students and academics of migration, development studies, anthropology, sociology, geography and public health.

**Selected Contents** Section 1: Linking Migration, Sexuality and AIDS Section 2: Migration Experience and the Self

Introduction Sexual Desire and Migration Forced Migration Testing and Treatment Risky Neighbourhoods Emotional Support Needs Section 3: Migration and Pleasure Introduction Travel, Sex and Money Sex Trafficking and Violence Commercial Sex Work Holiday Sex Saga Sex Section 4: Migration and Work Introduction Poverty, Unemployment and Sex Psychosocial Well-being Sexual Risk behaviour Dangerous Affairs Extra-marital Sexuality

September 2009: 234 x 156: 272pp  
Hb: 978-0-415-47777-2: **£70.00**

**Sex, Drugs and Young People**

International Perspectives

Edited by **Peter Aggleton**, **Andrew Ball** and **Purnima Mane**

*Series: Sexuality, Culture and Health*



**'An interesting book that highlights different cultural and national experiences of youth that illustrate the richness, vulnerability and complexity of adolescence. Recommended reading for anyone who works with young people and wants to acquire a more global appreciation of the broader cultural context of youth'**  
– *Child and Family Social Work*

2005: 234 x 156: 240pp  
Hb: 978-0-415-32877-7: **£80.00**  
Pb: 978-0-415-32878-4: **£24.99**  
eBook: 978-0-203-39103-7

**Dying to be Men**

Youth, Masculinity and Social Exclusion

**Gary T. Barker**

*Series: Sexuality, Culture and Health*

One of the first comparative reflections of its kind, this book examines the challenges that young men face when trying to grow up in societies where violence is the norm. Barker, who has worked directly with low-income youth and witnessed first hand the violence he describes, provides a compelling account of the young men's struggles. He discusses the problems these men face in other areas of their lives, including the difficulty of staying in school, the multiple challenges of coming of age as men in the face of social exclusion, including finding meaningful employment, and their interactions with young women, including sexual behaviour and the implications of this for HIV/AIDS prevention.

The book presents examples of evaluated programs that have been able to aid young men in rethinking what it means to be a man and ultimately focuses on 'voices of resistance' – young men who find ways to stay out of violence and to show respect and equality in their relationships, even in settings where male violence and rigid attitudes about manhood are prevalent.

2005: 234 x 156: 194pp  
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Pb: 978-0-415-33775-5: **£25.99**  
eBook: 978-0-203-42566-4

**Promoting Young People's Sexual Health**

International Perspectives

Edited by **Roger Ingham** and **Peter Aggleton**

*Series: Sexuality, Culture and Health*

2006: 234 x 156: 256pp  
Hb: 978-0-415-37482-8: **£70.00 US \$125.00**  
Pb: 978-0-415-37483-5: **£22.99 US \$41.95**  
eBook: 978-0-203-96630-3

**2ND EDITION****Culture, Society and Sexuality**

A Reader

Edited by **Richard Parker** and **Peter Aggleton**

*Series: Sexuality, Culture and Health*

2006: 246 x 174: 512pp  
Hb: 978-0-415-40455-6: **£80.00**  
Pb: 978-0-415-40456-3: **£21.99**  
eBook: 978-0-203-96610-5

*Sexuality, Culture and Health Series***FORTHCOMING****Governance of HIV/AIDS**

Making Participation and Accountability Count

Edited by **Sophie Harman**, City University London, UK  
and **Franklyn Lisk**, University of Warwick, UK



Examines the different forms of governance of HIV/AIDS that have emerged and how these actors and structures of governance enhance, or limit, participation and accountability, as well as the impact this is having upon effective global responses to the epidemic.

**Selected Contents:** Introduction: Governance of HIV/AIDS Response: Making Participation and Accountability Count **Part 1: Role of the State and Democratic Governance in the**

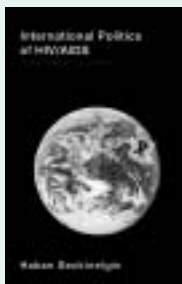
**HIV/AIDS Response** 1. HIV/AIDS and Democratic Governance in Africa: Illustrating the Impact on Electoral Processes 2. Income Inequality and China's HIV Epidemic: Is there a Relationship? **Part 2: Non-State Actors, Popular Participation and Mechanisms of Accountable Governance** 3. Accountability and the Right to Health: Current Understandings and Future Prospects 4. The Home-Based Care Alliance in Kenya: Improving Governance and Transforming Communities in the Context of HIV and AIDS **Part 3: Partnerships: Public-Private, Formal and Informal Networks** 5. Business and HIV/AIDS Governance Gap in South Africa 6. The Private Sector and Governance of HIV/AIDS **Part 4: Global Governance and Multisectoralism** 7. Governance of HIV and AIDS Responses – An Examination of the Institutional arrangements Established to Address the Challenges of HIV/AIDS in Zimbabwe 8. The Causes, Contours, and Consequences of the Multi-Sectoral Response to HIV/AIDS Conclusion: Challenge and Innovation in Governance of HIV/AIDS

July 2009: 234 x 156: 192pp  
Hb: 978-0-415-48564-7: **£70.00**  
eBook: 978-0-203-87526-1

**International Politics of HIV/AIDS**

Global Disease-Local Pain

**Hakan Seckinelgin**, London School of Economics and Political Science, University of London, UK



This book examines the global governance of the HIV/AIDS epidemic, interrogating the role of this international system and global discourse on HIV/AIDS interventions. The geographical focus is Sub-Saharan Africa since the region has been at the forefront of these interventions. There is a need to understand the relationship between the international political environment and the impact of resulting policies on HIV/AIDS in the context of people's lives.

He argues that while the international interventions highlight the importance attributed to the HIV/AIDS problem, the nature of the system does not allow interventions to be far reaching and sustainable.

Offering a critical contribution to the understanding of the problems in HIV/AIDS in Sub-Saharan Africa, *International Politics of HIV/AIDS* will be invaluable to students and researchers of health, international politics and development.

2007: 234 x 156: 208pp  
Hb: 978-0-415-41383-1: **£75.00**  
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eBook: 978-0-203-94615-2

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Responding to an International Crisis

**Franklyn Lisk**, University of Warwick, UK

*Series: Global Institutions*



Lisk examines the different perspectives of the global response to HIV/AIDS and the role of the different global institutions (multilateral, public and private) involved, including their impact on outcomes.

April 2009: 216 x 138: 176pp  
Pb: 978-0-415-44497-2: **£14.99**

## Therapeutic Pluralism

Exploring the Experiences of Cancer Patients and Professionals

**Alex Broom**, University of Newcastle, Australia and **Philip Tovey**, University of Leeds, UK



The profile of complementary and alternative medicine (CAM) has risen dramatically over the last decade and cancer patients represent its most prolific users. As a result, the NHS and UK cancer services are attempting to develop a wider range of therapeutic options for patients. Despite such developments, little is known about why cancer patients use CAM, its perceived benefits and the perspectives of the doctors and nurses involved.

Drawing on extensive fieldwork in the UK, *Therapeutic Pluralism* includes over 120 interviews with cancer patients and professionals, plus innovative 'diary' data which, for the first time, detail the experiences of CAM users. It gives a systematic analysis of issues such as:

- the development of patient preferences and influences on decision making
- expectations of CAM and interpretations of 'success' in cancer treatment
- the nature and importance of 'evidence' and 'effectiveness' for patients
- the organisational dynamics involved in integrating CAM into the NHS
- pathways to CAM and the role of the Internet
- the role of oncology clinicians in patients' experiences of cancer and their use of CAMs.

2008: 234 x 156: 168pp  
 Hb: 978-0-415-39852-7: **£75.00**  
 Pb: 978-0-415-39853-4: **£23.99**  
 eBook: 978-0-203-89445-3

## Researching Complementary and Alternative Medicine

Edited by **Jon Adams**



*Researching Complementary and Alternative Medicine* provides a valuable and timely resource for those looking to understand, initiate and expand CAM research.

This collection brings together leading international CAM researchers with backgrounds and expertise in a variety of areas including health social science, qualitative methodology, general practice, health services research and public health. Drawing upon their

own research work and experience, the contributors explain and review core methods and research issues pertinent to contemporary CAM and its future development. Topics discussed include:

- the use and limitation of evidence in CAM research
- the issues facing practitioners (GPs, therapists, nurses, etc) who wish to conduct research
- how and why qualitative methods should be combined alongside quantitative methods to help explore CAM
- how the randomised control trial (RCT) method relates to CAM
- the future direction of CAM research in terms of public health and policy-related agendas.

2006: 234 x 156: 176pp  
 Hb: 978-0-415-36774-5: **£80.00**  
 Pb: 978-0-415-36775-2: **£23.99**  
 eBook: 978-0-203-01998-6

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## CO-PUBLISHED WITH THE OPEN UNIVERSITY

### Perspectives on Complementary and Alternative Medicine: A Reader

Edited by **Geraldine Lee Treweek, Tom Heller, Julie Stone, Hilary MacQueen** and **Jeanne Katz**

This *reader* presents a lively and engaging collection of classic, controversial and new readings on CAM and covers issues including:

- changes in the way CAM is developing and being delivered
- holism and what this concept means to CAM practice
- changes in consumption and the health consumer that have led to increased interest in CAM
- the safety and effectiveness of CAM treatments
- how integration is being achieved in contemporary society.

The text provides insight into many of the current and complex issues surrounding CAM, and will appeal to everyone who is concerned with, or who has an interest in, complementary and alternative healthcare. The book will be essential reading for students of CAM, health studies, nursing, medicine and allied health subjects, as well as medical sociology and modern health policy.

2004: 234 x 156: 424pp  
 Hb: 978-0-415-35158-4: **£85.00**  
 Pb: 978-0-415-35159-1: **£25.99**  
 eBook: 978-0-203-69837-2

### Perspectives on Complementary and Alternative Medicine

Edited by **Tom Heller, Geraldine Lee-Treweek, Jeanne Katz, Julie Stone** and **Sue Spurr**

This book explores the challenging issues associated with complementary and alternative medicine in the context of the social, political and cultural influences that shape people's health.

Together with its accompanying text, *Complementary and Alternative Medicine: Structures and Safeguards*, it forms the core text for the Open University course *K221: Perspectives on Complementary and Alternative Medicine*.

2005: 246 x 189: 424pp  
 Hb: 978-0-415-35160-7: **£80.00**  
 Pb: 978-0-415-35161-4: **£23.99**  
 eBook: 978-0-203-02329-7

### Complementary and Alternative Medicine

*Structures and Safeguards*

**Geraldine Lee-Treweek, Tom Heller, Hilary MacQueen, Julie Stone** and **Sue Spurr**

Complementary and alternative medicine (CAM) is a fascinating and fast-changing area of medicine. This book explores the challenging issues associated with CAM in the context of the social, political and cultural influences that shape people's health. It:

- provides an overview of social change, consumption and debates arising from the increased public interest in CAM, arguing for and against different classifications
- discusses how CAM developed in a political and historical context, critically assessing the importance of ethics and values to CAM practice and how these inform what practitioners do
- analyzes the question of what people want, the changing contested nature of health, and the nature of personal and social factors associated with the use of CAM
- examines the diversity of settings in which CAM takes place
- explores the social, political and economic milieu in which CAM is provided and used.

The book is one of three core texts for the forthcoming Open University course *K221: Perspectives on Complementary and Alternative Medicine* (first presented in February 2005).

2005: 246 x 174: 267pp  
 Hb: 978-0-415-35162-1: **£80.00**  
 Pb: 978-0-415-35163-8: **£23.99**  
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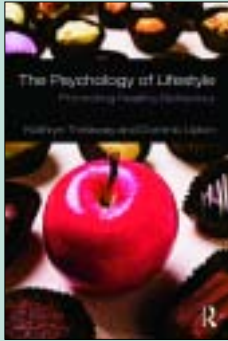
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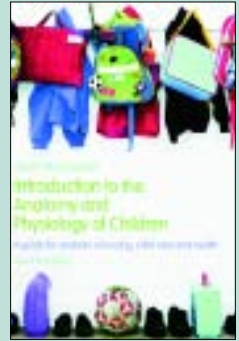
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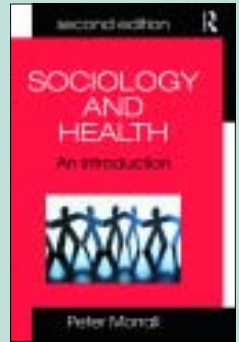
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